

**Paul  
Bashea  
Williams**  
LCSW-C LICSW

**EPK**



## **PAUL BASHEA WILLIAMS, LCSW-C LICSW**

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### **THE NATION'S #1 RELATIONSHIP RECOVERY EXPERT**

Paul Bashea (Bah-Shay) Williams, LCSW-C, LICSW owner and operator of his private practice, Hearts In Mind Counseling where he specializes in individual counseling, corporate coaching, as well as marriage, family and couples counseling. He provides therapy to clients ages 7 - 73, of which 90% are black men and women.

Mr. Williams attended East Tennessee State University in Johnson City, Tennessee for both his undergrad and graduate studies in Social Work. Since graduating he serves in various agencies as a Manager and Social Worker in hospital settings, community based wrap around services, independent living programs for youth, alternative school based therapeutic services, a government child welfare agency, and outpatient therapy settings until he opened up his own private practice which has been in operation since 2017.

While running a private practice, Mr. Williams traveled the world speaking about the importance of your mental health. He has provided valuable insight on mental health, relationships, motivation, and parenting on a variety of panels and conferences. He is highly recruited and his work is valued as measurable and complete. He has years of providing counseling services for singles, couples, youth, families, groups and corporate entities.

Mr. Williams is the founder of "What's Good Bro? A Brotherhood Mental Health Check In", which was featured on HBO in partnership with premier of the Documentary, "Yusuf Hawkins: Storm Over Brooklyn". He has been hailed by Men's Health Magazine as a top therapist to follow and has also been featured on ABC, NBC, FOX, TV Guide, TV One and Radio One for his expertise and understanding of mental health and relationships. His goal is to influence healthy relationships by having comprehension, compromise, consideration, and an understanding of how people interact with one another. You can follow his work at [www.BasheaWilliams.com](http://www.BasheaWilliams.com) and @BasheaWilliams on Instagram, Facebook, and YouTube. His counseling services can be found at [www.HeartsInMindCounseling.com](http://www.HeartsInMindCounseling.com) [www.BasheaWilliams.com](http://www.BasheaWilliams.com)

# PAUL BASHEA WILLIAMS, LCSW-C LICSW

## SIGNATURE TALKS

- The Healing Effect
- Relationship Recovery
- Healthy Relationships
- How Ego destroys opportunity
- Five Ways a Woman Feels Protected
- Love and Relationships-All Stages
- Loss Recovery
- Racism and Trauma
- Psychological Safety
- Men and Sexual Trauma
- Men and Domestic Violence
- Mental Health & Black Men
- Seasonal Affect Disorder (SAD)
- Mental Health in the Black Community
- Understanding Spritual and Mental Health



## SEEN ON:

**Men'sHealth** **HBO**



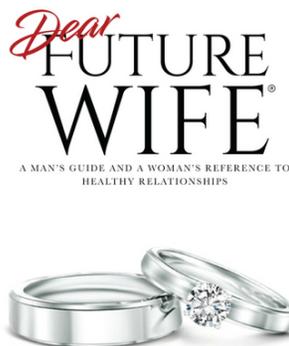
[www.basheawilliams.com](http://www.basheawilliams.com)

# BOOK SYNOPSIS

**Paul Bashea Williams, Author**

***Dear Future Wife® A Man's Guide And A Woman's Reference to  
Healthy Relationships (1st and 2nd Editions)***

Dear Future Wife®, A Man's Guide and a Woman's Reference to Healthy Relationships provides couples and singles a peek into the minds of the opposite sex. In this emotionally-charged and insightful collection, Author and Therapist Bashea Williams pits readers face-to-face with often complicated scenarios that can create communication breakdowns or bridges and how to navigate them. Written from the perspective of a man, yet considering the female point-of-view, Williams creates a healthy dialogue that helps both men and women create positive personal practices and thought patterns to build better relationships. Whether you're single, courting, engaged, or married, Dear Future Wife will prepare you for a healthy and exhilarating romance.

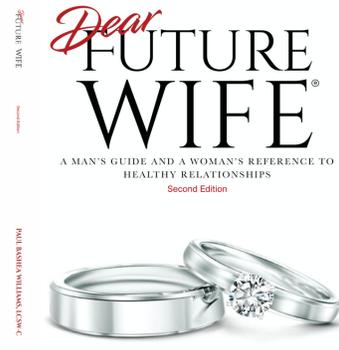


PAUL BASHEA WILLIAMS, LCSW-C

1st Edition  
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LOHAI **PRIMA**  
PUBLISHING



PAUL BASHEA WILLIAMS, LCSW-C

2nd Edition

## **MANAGEMENT CONTACT**

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TGA UNIFIED, LLC Branding & Marketing

POC: Tara Gates Williams

Email: [tga@taragatesanderson.com](mailto:tga@taragatesanderson.com)

Phone: 240.491.2929

Site: [www.TGAUNIFIED.com](http://www.TGAUNIFIED.com)